Staff Directory

Commanding Officer
CAPT Jason Schneider
321-853-1200

Executive Officer
CDR Sammie Green
321-853-1200

Command Master Chief
CMC Jon Kerstetter
321-853-1200

MWR Director
Tim McKinney
321-853-1236

Recreation Director
Robin Chamblee
321-853-1235

Business Manager
Jessica Velten
321-853-1237

Tickets and Travel Manger
Marcia Mendieta
407-855-0116

Breakfast with the Easter Bunny & Egg Hunt

@ the Greenhouse
Saturday, April 2nd
9-11 AM

$5.00 per family
Pancake breakfast served 9-10am
Egg Hunts start at 10:15am

We will be holding our annual pancake breakfast with the Easter Bunny on Saturday, April 2nd in the Greenhouse.
The Easter Bunny will make an appearance during breakfast and will be available for pictures. Egg Hunts will start at 10:15 am. Don’t forget to bring your baskets to collect the eggs!
Breakfast is $5 per family which includes pancakes, scrambled eggs, bacon and juice.

We are celebrating all of the strong and brave military children of NOTU with a FREE SKATING PARTY!!!

FREE FOOD, DRINKS and CAKE
### LEPRECHAUN DASH 5K AND 1 Mile walk Results

<table>
<thead>
<tr>
<th>Male Division</th>
<th>Female Division</th>
</tr>
</thead>
<tbody>
<tr>
<td>CWO3 Ike Livingston</td>
<td>Jessi Vance</td>
</tr>
<tr>
<td>23:15</td>
<td>24:26</td>
</tr>
<tr>
<td>CMC Jon Kerstetter</td>
<td>Ashley Livingston</td>
</tr>
<tr>
<td>24:45</td>
<td>31:19</td>
</tr>
<tr>
<td>Paul Carraro</td>
<td>Aria Cross</td>
</tr>
<tr>
<td>28:38</td>
<td>33:16</td>
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</tbody>
</table>

#### Walkers – 1 Mile Walk
- Eileen Holmes: 21:30
- Kelly Keays: 21:30

Thank you to our sponsor First Command - Indian Harbour Beach, FL.
To learn more about First Command visit [www.firstcommand.com/insurance](http://www.firstcommand.com/insurance)

### THE NAVY REGION SOUTHEAST NAUTICAL MILE CHALLENGE

Participants had to complete the following:

- **Phase #1**: Starts with a 1/4 mile run
- **Phase #2**: You will perform 50 Pushup
- **Phase #3**: You will run another 1/4 mile
- **Phase #4**: You will perform 50 Air Squats
- **Phase #5**: You will run another 1/4 mile
- **Phase #6**: You will perform 50 Sandbag Cleans
- **Phase #7**: You will run another 1/4 mile
- **Phase #8**: You will grab a sandbag and run 800ft to the finish!

<table>
<thead>
<tr>
<th>Time</th>
<th>Name</th>
</tr>
</thead>
<tbody>
<tr>
<td>12:34:00</td>
<td>LCDR Nate Juckett</td>
</tr>
<tr>
<td>12:46:00</td>
<td>ITS2 Chad Allen</td>
</tr>
<tr>
<td>12:48:00</td>
<td>CDR Sammie Green</td>
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<tr>
<td>13:27:00</td>
<td>CWO3 Ike Livingston</td>
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<tr>
<td>13:52:00</td>
<td>CMC Jon Kerstetter</td>
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<tr>
<td>14:15:00</td>
<td>Armstrong Ekpete</td>
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<tr>
<td>14:31:00</td>
<td>CDR Paul Gitzen</td>
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<tr>
<td>14:56:00</td>
<td>ETV2 Davis O'Reilly</td>
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<tr>
<td>15:10:00</td>
<td>Victor Hui</td>
</tr>
<tr>
<td>17:16:00</td>
<td>MT2 David Vrabel</td>
</tr>
<tr>
<td>17:46:00</td>
<td>CAPT Jason Schneider</td>
</tr>
</tbody>
</table>

**CONGRATULATIONS and THANK YOU TO ALL THAT PARTICIPATED**

*Sponsored* Presented by GEICO Military [#GEICOMilitary](http://www.geico.com/military).

*No Navy endorsement implied.*
The Greenhouse is an all-hands restaurant that provides a variety of menu items to satisfy all customers. You may call ahead and pick up your order at the Greenhouse or dine-in. The Greenhouse offers Daily Specials.

Monday- Rueben or Canaveral Melt. All served with fries and a drink

Tuesday- Tacos, Taco Salad, Chicken or Carnita Quesadilla, Beef or Carnita Nachos

Wednesday- Pulled Pork Sandwich, Beef-n-Cheddar, and French Dip. All served with fries and a drink

Each Wednesday the Greenhouse opens up at 1500-1800 for Wing Wednesday. Wings are $.65.

Thursday- Chicken Parm Sub, Italian Sausage Sub and Meatball Sub. All served with fries and a drink

Friday- Seafood Platter or Shrimp Basket All served with fries and a drink
UPCOMING EVENTS in MAY

Day at the Movies

Game Night

VISIT OUR SOCIAL MEDIA PAGES
HTTP://WWW.FACEBOOK.COM/NOTUMWR
@NOTUMWR
OR ON OUR WEBSITE AT
WWW.NAVYMWRCAPECANAVERAL.COM

NOTU MWR
BLDG 88900
CAPE CANAVERAL, FL
32920

PHONE: 321-853-1234

MWR FACILITY INFORMATION

Administration
Bldg 88900
321-853-1234
Monday-Friday: 0800-1600
Weekends/Holidays: Closed
Includes Outdoor Recreation
equipment rentals

Greenhouse
Bldg 88900
321-853-5600
321-853-5615 (Bar)
Monday –Friday: 1030-1330
Wing Wednesday: 1500-1800
Weekends/Holidays: Closed

Fitness Center
BLDG 88940
321-853-1287
Open 24/7

Tickets and Tours Office
Greenhouse
321-853-1227
Monday-Friday: 1000-1300
Weekends /Holidays: Closed

Tickets and Travel Office
Located in Navy Exchange
Orlando
7151 Earhart Drive
Orlando, FL 32827
407-855-0116
Monday –Saturday : 0900-1700
Sunday and Select Holidays:
Closed